# FOOTNOTES

## Message From the Board President

The Board of Podiatric Medicine (Board/BPM) continues its mission to protect consumers by enforcing and regulating the laws of California.

The services provided by Doctors of Podiatric Medicine (DPMs) to consumers are increasing and more comprehensive. The team effort with medical doctors and doctors of osteopathic continues to grow with mutual respect. This especially can be seen with the increasing diabetic population and its decreasing, mostly preventable foot and leg amputations via this collaborative effort. With this increased public demand for quality podiatric medicine, BPM continues to closely monitor the progress in order to maintain California's standards.

Our Board currently has a new Interim Executive Officer, Kathleen Cooper, JD, who is filling in admirably since the departure of our previous EO Jason Campbell on June 3, 2016. Our Board is currently interviewing for a permanent Executive Officer.

BPM was successful in removing "podiatry" from omnibus Senate Bill 1039, which would have placed podiatry in the "allied health," nonmedicine chapter. It also would have separated BPM from the Medical Board of California, making BPM responsible for licensing future DPMs. The podiatric portion of SB 1039 would have created adverse implications much too controversial for such an omnibus bill.

BPM has intentionally remained housed within MBC because DPMs are not allied health. It is not an oversight that BPM remains within MBC, but a conscious legislative choice. It is MBC that issues DPM licenses as it has since the 1920s and continues to this day both in law and in fact. This relationship has been effective in decreasing podiatric complaints, in a cost effective and time sensitive manner.

BPM would like to thank the California Podiatric Medical Association and California Medical Association for agreeing with our Board's position that the current relationship with MBC should not be changed.

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**BOARD OF PODIATRIC MEDICINE**
2005 Evergreen Street, Suite 1300
Sacramento, CA 95815-3831
Phone: (916) 263-2647
Fax: (916) 263-2651
**bpm.ca.gov**

STATE OF CALIFORNIA
BOARD OF
PODIATRIC
MEDICINE

STATE OF CALIFORNIA
dca
DEPARTMENT OF CONSUMER AFFAIRS

## Board Seeks Consultants

When quality-of-care issues arise, they are evaluated by podiatric medical consultants, case by case, based on the standard of care. Board of Podiatric Medicine (Board/BPM) medical consultants are a group of experienced, residency-trained, and board-certified Doctors of Podiatric Medicine (DPM).

The standard of care is dynamic. It allows for advancements in the state of knowledge and the individual circumstances of each case. It generally reflects the knowledge, skills, and professional practice in the community. These are derived from various sources, including but not limited to, medical textbooks, medical references, and medical training provided in academic and professional education programs.

A podiatric medical consultant is not only responsible for reviewing complaints concerning quality of care, they also serve as a resource for Board staff, investigators, and attorneys general in addition to assisting probation officers in the monitoring of probationers. The role is critical to the Board's enforcement program and it's effectiveness as a consumer protection agency.

Yearly training is available and a *Consultant Manual* is provided to all consultants.

Consultants must meet the following requirements in order to be considered for approval:

1. Hold a current, valid, and unrestricted California license to practice podiatric medicine.
2. Be active in the practice of podiatric medicine in the subject area being reviewed.
3. Have completed a postgraduate medical education program approved by the Council on Podiatric Medical Education.
4. Be certified by the American Board of Podiatric Surgery and must maintain a current certificate.
5. Have surgical staff privileges in at least one general acute care hospital facility.
6. Must not have been subject to disciplinary action by BPM, i.e., the filing of an Accusation or Statement of Issues that was not withdrawn or dismissed.
7. Must not be under BPM investigation for violation of any laws relating to the practice of medicine at the time of appointment, or be the subject of such a case pending in the Attorney General's Office.
8. Must not have been the subject of a field investigation by BPM within the last five years that was not closed and deleted from Medical Board records.
9. In the event of a conflict of interest, must recuse themselves from the review or examination.
10. Must not misrepresent his or her credentials, qualifications, experience, or background.

The Board votes to approve new consultant applicants once it is determined they meet all qualifications.

If you are interested in becoming an approved BPM consultant, please contact the Board's enforcement coordinator, Bethany DeAngelis, at (916) 263-4324 or by e-mail at **Bethany.DeAngelis@dca.ca.gov** to request an application.

# Doctors of Podiatric Medicine–Helping Fight Diabetes

*By Kathleen Cooper, Interim Executive Officer*

"Every 20 seconds, somewhere in the world a limb is lost as a result of diabetes," said American Podiatric Medical Association President Phillip E. Ward, DPM, in "Reflect on Your Feet Today to Save a Limb Tomorrow."[1] Podiatrists are physicians who are specially trained to treat foot conditions that can be caused by diabetes, such as neuropathy, infection, and ulcers. Comprehensive foot care programs can reduce amputation rates by 45 to 85 percent.[2] In a cost study from 2011, matched and regression-adjusted results indicated that patients who visited a doctor of podiatric medicine had $13,474 lower costs in commercial plans and $3,624 lower costs in Medicare during a two-year follow-up.[3]

In a recent University of California, Los Angeles (UCLA), study, patients in poor areas of California are 10 times more likely to lose a limb to diabetes than those in wealthy areas.[4] Unfortunately, many low-income patients may be suffering mostly preventable diabetic foot amputations.

According to the Centers for Disease Control, more than one-third of U.S. adults are obese.[5] Although reported statistics may vary slightly, a recent UCLA study estimates that about "13 million adults in California, or 46 percent, have prediabetes or undiagnosed diabetes, while another 2.5 million adults, or 9 percent, have already been diagnosed with diabetes. Combined, the two groups represent 15.5 million people—55 percent of the state's population. Because diabetes is more common among older adults, the study's finding that 33 percent of young adults ages 18 to 39 have prediabetes is of particular concern."[6]

Diabetes is a leading cause of death, adult blindness, kidney failure, and nontraumatic amputation of the lower limbs, which is particularly important to Doctors of Podiatric Medicine (DPMs). In February of 2016, clinical practice guidelines concerning the management of diabetic foot were published by the Society for Vascular Surgery.[7] These guidelines were produced in collaboration with the American Podiatric Medical Association and the Society for Vascular Medicine in order to improve the care of patients with diabetic foot, and to provide an evidence-based multidisciplinary management approach. Among the areas of focus were the prevention of diabetic foot ulceration, off-loading (taking pressure off), the diagnosis of osteomyelitis, wound care, and peripheral arterial disease.

DPMs are providing diabetics wound care and surgical interventions that are effective and economical. Working together with medical doctors, doctors of osteopathic medicine, and allied health professionals, DPMs are key players in the fight against diabetes.

While the primary mission of the Board of Podiatric Medicine is to protect the public via its licensing and enforcement, all stakeholders should note the critical role of DPMs as we respond to the diabetes complications epidemic in California.


1. "Reflect on Your Feet Today to Save a Limb Tomorrow," by Nora Younes, American Podiatric Medical Association, November 1, 2015. **www.apma.org/Media/PRdetail.cfm?ItemNumber=18890**
2. Ibid, 1.
3. "The Economic Value of Specialized Lower-Extremity Medical Care by Podiatric Physicians in the Treatment of Diabetic Foot Ulcer," *Journal of American Podiatric Association*, Vol. 101, No. 2, March/April 2011. **www.apma.org/files/FileDownloads/TR-JAPMA-Article.pdf**


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## MESSAGE FROM THE BOARD PRESIDENT

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BPM continues to encourage public participation. We have redeveloped and improved our website. Also, BPM's quarterly Board meetings are being webcasted and may be viewed via YouTube. In addition, our newsletter (*Footnotes*) has initiated a biannual publication schedule, and at a future date will become a quarterly publication.

BPM continues to work with DCA BreEZe staff, who will offer online license renewal and other online functions to facilitate efficiency and convenience.

Our budget remains stable, with no anticipated increased license renewal fees in the near future.

BPM concluded its Sunset Review Report to California's Senate and Assembly Business and Professions Committee in March 2016, and our Board's extension until 2021 looks promising.

In summary, BPM continues its efforts to protect the public via our enforcement, licensing, legislative, and public health efforts.

Sincerely,

**John Cha, DPM, FACFAS, DABPS**
**President, Board of Podiatric Medicine**

## DOCTORS OF PODIATRIC MEDICINE

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4. "Study: Poor People with Diabetes 10 Times More Likely to Lose Limb," *Los Angeles Times*, August 14, 2014, by Eryn Brown. **www.latimes.com/local/lanow/la-me-ln-diabetes-amputations-20140804-story.html**

5. Centers for Disease Control and Prevention, "Obesity is Common and Seriously Costly." **www.cdc.gov/obesity/data/adult.html**

6. Majority of California adults have prediabetes or diabetes and one-third of young adults are at risk of becoming diabetic, UCLA Center for Health Policy Research, March 10, 2016. **http://newsroom.ucla.edu/releases/majority-of-california-adults-have-prediabetes-or-diabetes**

7. "The management of diabetic foot: A clinical practice guideline by the Society for Vascular Surgery in collaboration with the American Podiatric Medical Association and the Society for Vascular Medicine," *Journal of Vascular Surgery*, February 2016, Vol. 63, Issue 2, Supplement, Pages 3S–21S. **www.jvascsurg.org/article/S07415214(15)02025-X/abstract**

### Other Resources:

Centers for Disease Control, *2014 National Diabetes Statistical Report*. **www.cdc.gov/diabetes/data/statistics/2014statisticsreport.html**

"The Burden of Diabetes in California," California Department of Public Health Chronic Disease Control Branch, September 2014. **www.cdph.ca.gov/programs/cdcb/Documents/FINAL%20Rpt%20(1877)%20DM%20burden%202014_9-04-14MNR3.pdf**

California Diabetes Program, Diabetes Information Resource Center, California Deptartment of Public Health, University of California, San Francisco. **http://diabetescoalitionofcalifornia.org/wp-content/uploads/2013/11/CDP_Fact_Sheet_2012-1.pdf**

"Diabetes," Centers for Disease Control and Prevention. **www.cdc.gov/diabetes/home/index.html**

# BPM Board Members

**Dr. John Cha, DPM, President**

Appointed by the Governor on December 21, 2012

Term ended June 1, 2016—Grace period of one year from the date term ends, or new reappointment date, whichever comes first.

John Cha, of Culver City, has been appointed to the California Board of Podiatric Medicine. Cha has been a doctor of podiatry at Affiliated Podiatry Group since 2001. He was senior podiatric surgical resident at Hawthorne Hospital and chief podiatric surgical resident with Baja Project for Crippled Children from 1992 to 1994. Cha earned a Doctor of Podiatric Medicine degree from the California College of Podiatric Medicine.

**Michael A. Zapf, DPM, Vice President**

Appointed by the Governor on January 10, 2013

Reappointed on July 23, 2014

Term ends June 1, 2017

Dr. Michael Zapf holds a BS degree in microbiology from California State University, Long Beach, and a Master of Public Health degree from UCLA specializing in infectious and tropical diseases. After a short career as a public health microbiologist and a laboratory inspector for the State of California, he returned to academia and received a Doctor of Podiatric Medicine degree in 1984 from the California College of Podiatric Medicine. He is a founding member of the Agoura-Los Robles Podiatry Centers, with offices in Agoura Hills and Thousand Oaks. In addition to his podiatric medicine and surgery career, he has been a board member of the Conejo Free Clinic, which serves 5,000 poor and uninsured patients annually. Zapf also helped his Rotary Club launch Operation Footprint, through which more than 500 Honduran children have received life-changing foot and ankle surgeries. He personally attended seven of these international missions. His public health background makes Zapf an ideal fit for the Board and its chief goal of protecting the residents of California.

**Kristina M. Dixon, MBA**

Appointed by the Speaker on February 8, 2010

Reappointed on November 15, 2010

Reappointed on December 19, 2014

Term ends June 1, 2018

Kristina M. Dixon recently joined the Los Angeles Homeless Services Authority, where she works as the Controller. Dixon previously worked as the Controller for the Los Angeles Urban League and as the Director of Finance and Information Systems for Jenesse Center, Inc. With more than nine years of professional experience working within the nonprofit industry and more than 20 years of experience serving the communities where she has lived and worked, Dixon has a standing commitment to improving the overall economic and social well-being of underserved communities through quality education for children, community and economic development, the eradication of homelessness, health care reform, and diversity, as well as inclusion in work places, board rooms and elected offices.

Dixon has a BA in sociology from the University of California, Berkeley, a dual MBA in finance and management and leadership from the University of La Verne, and a Professional Award in Accounting for Government and Nonprofit Organizations. She is a delegate to the California Democratic Party, serving as the Legislative Chair of the Women's Caucus Executive Board.

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# If You Have Never Visited a Podiatrist, Chances are You Will!

*By Judith Manzi, DPM, Chair of the Public Education Committee*

Seventy-five percent of Americans will suffer from foot health problems of varying degrees of severity at one time or another. The most common complaint seen in the office of a podiatrist is heel pain.

Plantar fasciitis is pain in the heel or the arch of the foot, and is a serious condition consumers should be aware of. Ten percent of people in the United States may deal with heel pain over the course of their lives, with 83 percent of those patients being active adults between the ages of 25 and 65. The American Podiatric Medical Association revealed that plantar fasciitis/heel pain was the most prevalent condition being treated in podiatric clinics. A podiatrist can usually diagnose it with a physical exam of the foot and will often make these nonsurgical treatments, which usually improve a patient's condition:

- Stretches specific to the foot.
- Supportive shoe gear with arch supports or custom orthotics.
- Anti-inflammatory drugs such as ibuprofen or naproxen.
- A cortisone injection, which can decrease inflammation and help with acute pain.

Surgery for plantar fasciitis has its risks and your doctor may suggest you wait at least a year to allow conservative care to improve your condition. Anyone experiencing heel or arch pain should consult a well-trained podiatrist for relief.

## BPM BOARD MEMBERS

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She is currently serving out a second term on the Board of Podiatric Medicine through a re-appointment by Speaker Emeritus Toni G. Atkins, currently serving as the immediate past President. Kristina also serves as the Treasurer and Financial Management Consultant for the Los Angeles African American Women's Public Policy Institute, and is an Associate Director for Wescom Credit Union's Board of Directors. She has served as the Vice President of Finance and Treasurer for National Women's Political Caucus, Los Angeles Chapter; the Chair of the Moreno Valley Library Commission; the Secretary of the Los Angeles Black MBA Association; the Chair of the Los Angeles Urban League Young Professionals–Civic Engagement and Political Awareness Committee; and the PAC and WLF Treasurer as well as Vice President of Education and Training for the National Women's Political Caucus of California Board of Directors.

Dixon recently joined the University of La Verne as an adjunct faculty member, teaching Accounting and Compliance for Nonprofit Organizations. She is also a doctoral candidate in public administration at the University of La Verne, where she is planning to focus her research on financial management, compliance, and capacity building of nonprofit organizations.

**Neil B. Mansdorf, DPM**

Appointed by the Governor on January 26, 2010

Reappointed on December 21, 2012

Term ended June 1, 2016—Grace period of one year from the date term ends, or new reappointment date, whichever comes first.

Dr. Neil Mansdorf, of Irvine, has been a sole practitioner since 2000. He was a doctor of podiatric medicine with Cupertino Podiatry Group from 1999 to 2000. Mansdorf is a member of the Radiologic Technology Certification Committee's Board of Directors and California Podiatric Medical Association. He is a fellow with the American

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## BPM BOARD MEMBERS

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College of Foot and Ankle Surgeons, an associate with the American Academy of Podiatric Sports Medicine, and immediate past president of the Orange County Podiatric Medical Association.

**Judith Manzi, DPM**

Appointed by the Governor on September 3, 2014

Term ends June 1, 2018

Dr. Judith Manzi, of Los Gatos, has been appointed to the California Board of Podiatric Medicine. Manzi has been senior physician at Kaiser Permanente Santa Clara Medical Center since 2001, where she was a staff physician from 1998 to 2001. She is the Director of Research for the South Bay Consortium Residency Program. Manzi was a podiatrist in private practice at the Sunnyvale Foot and Ankle Center from 1984 to 1998 and chairman of the Ohio College of Podiatric Medicine Department of Surgery from 1982 to 1984. Manzi earned a Doctor of Podiatric Medicine degree from the Temple University School of Podiatric Medicine and a BS in biology from Virginia Commonwealth University.

**Darlene Trujillo Elliot**

Appointed by the Senate on January 27, 2016

Term ends June 1, 2019

Darlene Trujillo Elliot, a Riverside Public Utilities Administrative Analyst, is the cofounder of the Spanish Town Heritage Foundation, and the Riverside Latino Network President.

Trujillo Elliot's mission is to inspire, lift, and provide resources for change and growth of individuals and organizations.

Trujillo Elliot is an avid community volunteer, logging more than 400 hours annually and leading many of the city's annual community events. She is a board member for TruEvolution. In 2012, she cofounded a foundation with two of her cousins called Spanish Town Heritage, with the mission to champion Hispanic/Latino legacy by sharing the stories of the Inland Empire's first settlers, creating cultural learning opportunities, leading community efforts to restore and revitalize the La Placita de Los Trujillo historic village, learning, entertainment, and the arts.

In her previous position, Trujillo Elliot was responsible for Riverside's Human Relations Commission (HRC), the Transportation Accountability Performance Task Force, and the Mayor's Multicultural Forum. The HRC is a 15-member charter commission with the task of creating an inclusive community.

She has received several awards for her community service. In March of 2015 she was selected as Latino Network's Celebración de la Mujer—this recognition given to outstanding women who have demonstrated a spirit of commitment to their communities. In May 2015, Trujillo Elliot earned the Outstanding Community Service Award by the Allen Chapel AME Church in Riverside. In November 2015, she was given the Greater Riverside Hispanic Chamber of Commerce Josie Lozano Memorial Award for community service and political activism.

Trujillo Elliot has a BA in organizational leadership from Chapman University. She is a sixth-generation Riverside resident and direct descendant of Lorenzo Trujillo, original founder of Riverside, and has been married for 24 years to Walter H. Elliot II; she has two grown children and two grandchildren. In 2014, she was selected to participate in Hispanias Organized for Political Equality Leadership program.

# Administrative Actions April 1–September 30, 2016

### DOCTORS OF PODIATRIC MEDICINE

**Ahmadi, Matt, DPM**
Mission Viejo, CA
License number: E-4539
Decision Effective: 9/16/16
Probation remains in effect with additional terms and conditions

**Cervantes, Hector, DPM**
San Jose, CA
License number: E-3795
Decision Effective: 8/11/16
Revoked, stayed, 3 years probation

**Grumbine, Nicholas, DPM**
Orange, CA
License number: E-1448
Decision Effective: 7/12/16
Decision vacated and set aside due to death of respondent

**Thomas, Pete, DPM**
Santa Ana, CA
License number: E-3693
Decision Effective: 4/08/16
Stipulated revocation of license

To view a doctor's profile and obtain a copy of the action(s), go to **https://www.breeze.ca.gov**. If assistance is required, call (800) 633-2322.

Additional information regarding disciplinary matters for Doctors of Podiatric Medicine can be found at the following web pages:

**www.bpm.ca.gov/consumers/dispsumm.shtml**

**www.bpm.ca.gov/consumers/agreferrals.shtml**

# Important Dates

October 2, 2016—Bills enacted on or before this date take effect January 1, 2017 (Art. IV, Sec. 8(c))

November 8, 2016—General Election

November 9, 2016—BPM Committee Meetings

November 11, 2016—State Holiday (Veterans Day)

November 24 and 25, 2016—State Holidays (Thanksgiving and Day After Thanksgiving)

December 2, 2016—BPM Board Meeting in Sacramento

December 26, 2016—State Holiday (Christmas Holiday Observed)

January 2, 2017—State Holiday (New Year's Day Observed)

January 16, 2017—State Holiday (MLK Jr. Day)

February 8, 2017—BPM Committee Meetings

February 20, 2017—State Holiday (Presidents Day)

March 3, 2017—BPM Board Meeting

March 31, 2017—State Holiday (Cesar Chavez Day)