

# WOMEN'S FOOT HEALTH

Articles for Women's Health:

- υ [Foot problems in women: High heels and your health – Mayo Clinic.com](#)  
*“High heels and cramped toe space can wreak havoc on your feet. Take steps to minimize foot problems. Save high heels for special occasions.”*
- υ [May is Women's Health Month – This year's theme is “INSPIRE”](#)
- υ [Office of Women's Health/California Department of Health Services](#)
- υ [April 10, 2007, Article, “The worse for wear” by R. J. Ignelzi](#)  
“Being a slave to fashion can be a real pain in the neck. And back. And feet. And skin.”
- υ ["Diabetes is the sixth leading cause of death in the Hispanic/Latino American community and the fourth leading cause of death in women and elderly."](#)
- υ [Society For Women's Health Research](#)
- υ [American Association for Women Podiatrists, Inc.](#)  
*“High Heels – High Fashion That Can Hurt Your Feet”*
- υ [California Podiatric Medical Association – Women's Feet](#)
- υ [American College of Foot and Ankle Surgeons](#)  
Common Foot and Ankle Conditions in Women